We are England's leading family charity. We support over 45,000 families every year with over 100 services in communities across the country. We offer practical, emotional and financial help to families and individuals in their communities.



Directions

By Car (from the South)

Leave the A2 at Dartford Heath (from the south), take the 3rd exit onto Shepherds Lane (A2018).

Continue straight down past a roundabout until you reach a set of lights.

Turn right into Princes Road

Take another left into Highfield Road South.

Left again into Chestnut Road.

Turn left into Larch Road and the project is on the right.

By Train

Dartford British Rail is on the main Charing Cross line from London.

The project is best reached by taxi from the station, which takes five minutes and costs approximately £4.00. Walking takes 20 minutes.

Family Action Dartford 16 Larch Road Dartford Kent DA1 2LF

Tel/fax: 01322 275095

Email: dartford@family-action.org.uk

You will find a map on the page to the left.

Family Action Central Office

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Family Action
Dartford
Family Support
Services

supporting families since 1869

What We Offer

Family Action Dartford Support Services

Family Action Dartford delivers and manages high quality, tailor-made support services for families whose children attend schools in the Dartford borough.

The service is a short term intervention service and works with families often with a variety of needs for up to 12 sessions as well as attendance at up to 4 school meetings, alongside other professionals.

The service is school-based and the criteria for the service is for the families to have a child or children aged between 5 – 11 where there are support needs at home, often with a focus on behavioural issues, and the families wish to receive the service.

There is an expectation that families have had previous offers of support from Family Liaison Office/Parent Support Advisers who are attached to the child's school, if appropriate, depending on the level of need.

Parenting Groups

The project supports the delivery of two parenting groups a year in partnership with other local practitioners.

Support Groups Throughout the Year

Other support groups include self esteem training; groups for parents/carers; and ADHD training and support groups.

How We Work

- Services are task centred and time limited
- Our services are flexible and holistic
- All staff are qualified and experienced
- The project works alongside other specialis agencies
- Trained volunteers support the work we do

A **referral** to this service can be made by the family by contacting a professional they may be working with or the school where their child attends.

If appropriate the professional will complete a Common Assessment Framework form (CAF) with the family. These are then discussed at fortnightly "Single Point of Access meetings" (SPA's) which the Project Manager from Family Action attends along with other managers who can offer other specialist services.

This will lead to a "team around the child" (TAC) being formed who will deliver the support services and the family will be fully involved throughout the process.

Families and professionals will also receive an action plan with details of the services they will receive, including a review of progress made.

How We Can Help

We know every family is different, so support is offered in a variety of ways. For example by:

- implementing techniques in the home that could help strengthen boundary setting and problem solving
- empowering families to recognise their own skills and abilities in order to find solutions
- providing information sessions, which includes financial advice and access to Family Action's grant system
- supporting individuals in developing their own self-esteem and confidence
- encouraging access to local specialised resources
- improving communication skills and language used within the family
- representing and advocating at agency meetings including schools and health
- advising parents/carers about the different aspects of parenting skills.